

Time Conversion table from *British Summer Time (BST)*, and *Irish standard Time (IST)* to *An Coimisiun Time (ACT)* for the duration of **Oireachtas Rince Na Cruinne 2006**

British Summer Time BST	Irish Standard Time IST	An Coimisiun Time ACT	British Summer Time BST	Irish Standard Time IST	An Coimisiun Time ACT	British Summer Time BST	Irish Standard Time IST	An Coimisiun Time ACT
08:00 AM	08:00 AM	08:00 AM	03:00 PM	02:18 PM	02:00 PM	09:30 PM	08:06 PM	07:40 PM
08:30 AM	08:30 AM	08:30 AM	03:30 PM	02:48 PM	02:30 PM	10:00 PM	08:36 PM	08:00 PM
09:00 AM			03:51 PM	03:00 PM	02:51 PM	10:31 AM	09:00 PM	08:31 PM
09:07 AM	09:00 AM		04:00 PM	03:11 PM		11:00 PM	09:29 PM	
09:10 AM	09:03 AM	09:00 AM	04:10 PM	03:21 PM	03:00 PM	11:10 PM	09:39 PM	09:00 PM
09:30 AM	09:23 AM	09:20 AM	04:30 PM	03:41 PM	03:20 PM	11:30 PM	09:59 PM	09:20 PM
10:00 AM	09:53 AM	09:50 AM	04:56 PM	04:00 PM	03:46 PM	11:38 PM	10:00 PM	09:28 PM
10:14 AM	10:00 AM		05:00 PM	04:04 PM	03:50 PM	12:00 AM	10:22 PM	09:50 PM
10:20 AM	10:06 AM	10:00 AM	05:20 PM	04:24 PM	04:00 PM	12:20 AM	10:42 PM	10:00 PM
10:30 AM	10:16 AM	10:10 AM	05:30 PM	04:34 PM	04:10 PM	12:30 AM	10:52 PM	10:10 PM
11:00 AM	10:46 AM	10:40 AM	06:00 PM		04:40 PM	12:45 AM	11:00 PM	10:25 PM
11:21 AM	11:00 AM		06:03 PM	05:00 PM	04:43 PM	01:00 AM	11:15 PM	10:40 PM
11:30 AM	11:09 AM	11:00 AM	06:30 PM	05:27 PM	05:00 PM	01:30 AM	11:45 PM	11:00 PM
12:00 PM	11:39 AM	11:30 AM	07:00 PM	05:57 PM	05:30 PM	01:52 AM	12:00 AM	11:22 PM
12:28 PM	12:00 PM	11:58 AM	07:10 PM	06:00 PM	05:40 PM	02:00 AM	12:08 AM	11:30 PM
12:40 PM	12:12 PM	12:00 PM	07:30 PM	06:20 PM		02:15 AM	12:23 AM	11:45 PM
01:00 PM	12:32 PM	12:20 PM	07:40 PM	06:30 PM	06:00 PM	02:30 AM	12:38 AM	
01:30 PM		12:50 PM	08:00 PM	06:50 PM	06:20 PM	02:40 AM	12:48 AM	12:00 AM
01:35 PM	01:00 PM	12:55 PM	08:17 PM	07:00 PM	06:37 PM	02:59 AM	01:00 AM	12:20 AM
01:50 PM	01:15 PM	01:00 PM	08:30 PM	07:13 PM	06:50 PM	03:00 AM	01:01 AM	12:20 AM
02:00 PM	01:25 PM	01:10 PM	08:50 PM	07:33 PM	07:00 PM			
02:30 PM	01:55 PM	01:40 PM	09:00 PM	07:43 PM	07:10 PM			
02:35 PM	02:00 PM	01:45 PM	09:24 PM	08:00 PM	07:34 PM			